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UAE PSAT Test-Day Checklist

A practical checklist that separates universal preparation from school-controlled administration details.

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One week before

- Confirm the administering school, arrival time and test date.
- Confirm the approved device, charger and Bluebook readiness status.
- Review accommodation instructions if applicable.
- Stop adding new study resources.

The evening before

- Charge the device and pack the school-required materials.
- Prepare identification only as instructed by the school.
- Use a normal meal and sleep routine.
- Avoid a full practice test or heavy new-topic revision.

On test day

- Arrive at the time specified by the school.
- Follow proctor instructions for devices and personal items.
- Use the built-in tools only when they improve accuracy or speed.
- Reset attention during the scheduled break.

UAE-specific reminder

PSAT assessments are school administered. Registration, payment, room, device and identification rules come from the administering school. Anannt provides preparation, not administration.

Official sources

College Board practice: <https://satsuite.collegeboard.org/practice>

Digital PSAT structure: <https://satsuite.collegeboard.org/psat-nmsqt/whats-on-the-test/structure>

Understanding scores: <https://satsuite.collegeboard.org/scores/understanding-scores>

International registration: <https://satsuite.collegeboard.org/psat-10/taking-the-test/international-registrations>

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