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# UAE PSAT 8-Week Study Plan

A structured route from baseline to Bluebook practice for students balancing UAE school calendars.

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## The 8-week structure

Week	Focus	Required output
1	Baseline and setup	Choose the assessment; take the Anannt mini diagnostic; set up Bluebook and an error log.
2	Information and Ideas	Central ideas, inference, textual and quantitative evidence.
3	Craft, expression and conventions	Words in context, transitions, synthesis, boundaries and agreement.
4	Algebra	Linear equations, functions, systems and inequalities.
5	Advanced Math and data	Quadratics, exponents, ratios, percentages and statistics.
6	Geometry and mixed timing	Geometry, trigonometry, calculator decisions and timed domain sets.
7	Full Bluebook practice	Complete an official full test and rebuild priorities from My Practice.
8	Final consolidation	Targeted review, readiness check, sleep and school-workload protection.

## Weekly rhythm

- One or two skill-building sessions for the lowest domains.
- One timed mixed set only after the relevant concepts are stable.
- One review block devoted to error causes and redos.
- One school-workload check before planning the following week.

## Curriculum adjustments

Curriculum	Adjustment
American	Connect results directly to the Grade 10-11 SAT pathway.
IB	Reduce volume during Internal Assessment and exam peaks.
British	Avoid GCSE, AS or A-level mock weeks.
CBSE	Preserve board-exam preparation and schedule English practice consistently.

## Official sources

College Board practice: <https://satsuite.collegeboard.org/practice>

Digital PSAT structure: <https://satsuite.collegeboard.org/psat-nmsqt/whats-on-the-test/structure>

Understanding scores: <https://satsuite.collegeboard.org/scores/understanding-scores>

International registration: <https://satsuite.collegeboard.org/psat-10/taking-the-test/international-registrations>

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Continue: <https://anannt.ae/tools/psat-mini-diagnostic-2026/>