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Parent's Guide to PSAT Preparation in the UAE

Registration, study support, score interpretation and responsible preparation decisions for UAE families.

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What the PSAT is for

PSAT 8/9, PSAT 10 and PSAT/NMSQT are digital SAT Suite assessments. They provide skill and readiness information; they are not undergraduate admissions tests.

How parents can help

- Confirm which assessment the school offers.
- Protect a realistic weekly schedule around schoolwork.
- Ask about error patterns instead of comparing scores.
- Encourage one full Bluebook test followed by careful review.
- Use the score report to choose priorities, not to predict a final university outcome.

National Merit caution

PSAT/NMSQT is the qualifying assessment for the National Merit Scholarship Program, but taking it does not establish eligibility. Citizenship, residency, schooling and entry requirements are controlled by NMSC. Verify the student's exact circumstances directly with NMSC.

Questions to ask a preparation provider

- Is the diagnostic clearly labelled directional?
- Are practice questions original or licensed?
- Does the plan account for the student's curriculum and school calendar?
- Will the student review errors, not only complete more questions?
- Are outcomes described without score guarantees?

Official sources

College Board practice: <https://satsuite.collegeboard.org/practice>

Digital PSAT structure: <https://satsuite.collegeboard.org/psat-nmsqt/whats-on-the-test/structure>

Understanding scores: <https://satsuite.collegeboard.org/scores/understanding-scores>

International registration: <https://satsuite.collegeboard.org/psat-10/taking-the-test/international-registrations>

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Continue: <https://anannt.ae/tools/psat-mini-diagnostic-2026/>